



# Wegovy (semaglutide) Patient Information



## What is Wegovy?

Wegovy (semaglutide) is a medication used to help adults diagnosed with obesity lose weight. It works by mimicking a natural hormone in the body (GLP-1) to reduce your appetite and make you feel fuller, helping you maintain a reduced calorie diet.

## How to Take Wegovy

- Comes in a multidose pre-filled, disposable pen.
- Injected under the skin once a week (stomach, thigh, or upper arm).
- Start with 0.25 mg per week and gradually increase the dose every 4 weeks as directed by your doctor.
- Always inject on the same day each week. It can be taken at any time of day, regardless of meals.
- If you miss a dose by less than 5 days, take it as soon as possible. If more than 5 days have passed, skip the dose and continue with your next scheduled dose.

## Common Side Effects

**> 10% OF PATIENTS:**  
Nausea, vomiting, diarrhea, constipation, stomach pain, headache, feeling weak or tired.

**1 TO 10% OF PATIENTS:**  
Dizziness, indigestion, gas, bloating, injection site reactions, hair loss.

**<1% OF PATIENTS:**  
Severe allergic reactions, pancreatitis, kidney issues.  
(Based on clinical studies and patient reports).

## Common Drug Interactions:

- Insulin or sulfonylureas (may increase the risk of low blood sugar).
- Medications that may increase heart rate. (ex. stimulants)
- Oral birth control pills (effectiveness may be reduced; consider alternative methods).



## How to Store Wegovy

- Store in the refrigerator (2°C to 8°C) until opened.
- Can be kept at room temperature ( $\leq 30^{\circ}\text{C}$  or  $\leq 86^{\circ}\text{F}$ ) or refrigerator (2°C to 8°C) for up to 56 days after first use.
- Do not freeze or use if frozen.
- Store in the original carton to protect from light and heat.
- Use each pen only as directed and dispose of used pens in a sharps disposal container.



## IMPORTANT WARNINGS

- Animal studies have shown an increased risk of thyroid tumors, but this has not been confirmed in humans.
- Can cause low blood sugar when taken with diabetes medications.
- May cause dehydration due to vomiting/diarrhea-drink plenty of fluids.

## Who Should NOT Take Wegovy?

- If allergic to semaglutide or any ingredient in Wegovy.
- If you or a family member have a history of medullary thyroid cancer or MEN 2.
- If you are pregnant, breastfeeding, or planning to become pregnant.

## For more information, consult your doctor or pharmacist

This information is a summary and does not contain all information about Wegovy. Always consult your healthcare professional for personalized guidance.

